

# Renew

Laser Skin Care

## BOTOX® COSMETIC TREATMENT INFORMATION GUIDE

Dynamic wrinkles are caused by contractions of the delicate underlying facial muscles every time you smile, laugh, or frown. BOTOX® Cosmetic is the trademark of botulinum toxin type A, a natural purified protein that will block the conduction of nerve impulses to muscles, causing a form of muscle relaxation in the area injected. By using extremely small doses of BOTOX® Cosmetic, directly into a specific muscle, only the action of that muscle will be relaxed. It gradually disappears without breaking down or traveling throughout the body. Therefore, the problem that muscle causes, like a wrinkle, twitch, spasm or frown line, will be stopped. Generally, once the muscle has relaxed, the overlaying skin smoothes. Overall, you'll look more relaxed and refreshed but not like "you've had work done." It will not make you lose expression. The only expression you'll lose is the unintentional frown caused by the overactive muscles between your brows.

BOTOX® Cosmetic injections have been used safely and effectively since 1989 to treat ophthalmological and neurological disorders. Each year, hundreds of thousands of patients receive BOTOX® a Cosmetic treatment for a variety of conditions and it is quickly becoming a popular treatment for revising the visible signs of aging. So far, more than a half million people have been treated for cosmetic treatments since it became FDA approved in 2002.

Frown lines between the eyebrows are due to contraction of small muscles around them. Injecting BOTOX® Cosmetic into this area will weaken these muscles causing temporary improvement or disappearance of the frown lines. Similarly crow's feet or lateral peri-ocular wrinkles and horizontal forehead lines can also be improved by the injection of BOTOX® in this area.

Unfortunately, BOTOX® Cosmetic injections are only a temporary solution for the treatment of dynamic wrinkles. The effects of the injections last from three to six months. You may need to have injections about two to three times a year. The early clinical studies indicate that the duration of treatment benefits increases over time, so that you should require injections less frequently in the future. Additionally, the duration of effect varies from patient to patient and may be less effective for those over 65 years of age.

## PROCEDURE

Cosmetic denervation with BOTOX® Cosmetic is a simple and safe procedure. Using a tiny microinjection, a very small amount of BOTOX® Cosmetic is placed, very precisely, into several locations on the face. The effect appears within 3-4 days and can sometimes take 7-14 days to occur. Because the injection is so tiny only a small amount of liquid is used, the pain associated the injection is minimal. Most patients compare the sensation to a bug bite. No sedation or local anesthetic is required, and you can resume normal activities immediately. You can drive yourself home or back to the office. Some patients experience a slightly temporary bruising at the injection site. This can be covered with makeup.

## BENEFITS

If dynamic wrinkles make you look older than you are, cosmetic denervation can smooth these out and give you a more youthful and pleasant appearance. However, this procedure cannot improve wrinkles due to aging and sun-damaged skin, since they are unrelated to facial muscle contractions. BOTOX® Cosmetic injections will not improve sagging skin or replace the need for a facelift. Your doctor will discuss with you in advance, if you are an optimum candidate for treatment with BOTOX® Cosmetic.

If you wish to schedule an appointment, please call 812-490-RNEW

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## **BOTOX® Cosmetic INSTRUCTIONS AFTER INJECTION**

Please stay in the upright position for 3-4 hours after treatment. Do not manipulate the area of the injection for 3-4 hours. It is advisable to forcibly and repeatedly use the treated muscles (by looking surprised or concerned, or squinting or smiling frequently) in the first hour after the injection, to obtain a better result.

### **SIDE EFFECTS**

Common side effects may include temporary bruising and or/swelling is the most common side effect. Transient numbness, headache, nausea, flu syndrome, and respiratory infection may occur. In rare cases, depending on the site of the injection and the technique used, the liquid substance will migrate into another area and cause a temporary weakness of a nearby muscle. In very rare cases, there can be drooping of the upper or lower eyelid. Because the effects of Botox® Cosmetic are completely reversible, any side effects are temporary, generally lasting only a few weeks. The risk of any side effects depends on the area injected. Your doctor will discuss this with you in length before your treatment.

If you have any questions or concerns, please call 812-490-RNEW or log on to [www.BOTOXCosmetic.Com](http://www.BOTOXCosmetic.Com).